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BEFORE THE BOARD OF MEDICAL EXAMINERS

IN THE STATE OF ARIZONA

In the Matter of

BRADLEY GILMAN, M.D.

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Holder of License No. 27695 For the Practice of Medicine In the State of Arizona. Case No. MD-01-0655

CONSENT AGREEMENT FOR SUSPENSION STAYED AND PROBATION

CONSENT AGREEMENT

By mutual agreement and understanding, between the Arizona Board of Medical Examiners ("Board") and Bradley W. Gilman, M.D. ("Respondent"), the parties agreed to the following disposition of this matter at the July 10, 2002 public meeting meeting.

- 1. Respondent acknowledges that he has read and understands this Consent Agreement and the stipulated Findings of Fact, Conclusions of Law and Order. Respondent acknowledges that he understands he has the right to consult with legal counsel regarding this matter and has done so or chooses not to do so.
- 2. Respondent understands that by entering into this Consent Agreement for the issuance of the foregoing Order, he voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, or to challenge this Consent Agreement and the Order in its entirety as issued by the Board, and waives any other cause of action related thereto or arising from said Order.
- 3. Respondent acknowledges and understands that this Consent Agreement and the Order will not become effective until approved by the Board and signed by its Executive Director.
- 4. All admissions made by Respondent are solely for final disposition of this matter and any subsequent related administrative proceedings or civil litigation involving

Stephen Myers, Attorney at Law (Counsel For Dr. Bradley W. Gilman)

the Board and Respondent. Therefore, said admissions by Respondent are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding, civil or criminal court proceeding, in the State of Arizona or any other state or federal court.

- 5. Respondent acknowledges and agrees that, although the Consent Agreement has not yet been accepted by the Board and issued by the Executive Director, upon signing this agreement, and returning this document (or a copy thereof) to the Board's Executive Director, Respondent may not revoke his acceptance of the Consent Agreement and Order. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.
- 6. Respondent further understands that this Consent Agreement and Order, once approved and signed, shall constitute a public record document that may be publicly disseminated as a formal action of the Board.
- 7. If any part of the Consent Agreement and Order is later declared void or otherwise unenforceable, the remainder of the Order in its entirety shall remain in force and effect.

Reviewed and accepted this 3 day of 10 UNE . 2002.

Reviewed and approved as to form this 4th day of June. 2002.

FINDINGS OF FACT

- 1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.
- 2. Respondent is the holder of license number 27695 for the practice of allopathic medicine in the State of Arizona.
- 3. The Board initiated case number MD-01-0655 upon receiving information from a Drug Enforcement Administration (DEA) officer that Respondent prescribed large and questionable amounts of controlled substance medications to several patients and that Respondent was receiving large amounts of controlled substance medications from healthcare providers, including his employee, a physician assistant.
- 4. On May 14, 2001, Board Staff conducted a pharmacy survey that indicated Respondent prescribed questionable amounts of controlled substance medications to several patients, immediate family members and that he received questionable amounts of controlled substances from several physicians and his employee, a physician assistant. Respondent served as the physician assistant's supervising physician.
- 6. Board Staff, in a letter dated September 11, 2001, requested copies of all medical records, billings and correspondence regarding the patients suspected of receiving large and questionable amounts of controlled substance medications.
- 7. Subsequently, James F. Cahill, M.D., a Flagstaff psychiatrist, informed Board Staff that Respondent was undergoing medical treatment for severe and recurrent major depression, a pain disorder with both physiological and psychological factors and consequent reliance upon narcotic analgesics. Respondent would remain in treatment for at least 2-3 weeks.

- 8. Board Staff and the Board's Chief Medical Consultant interviewed Respondent's physician assistant on September 24, 2001. The physician assistant admitted that Respondent requested prescriptions for controlled substance medications.
- 9. On September 26, 2001, Respondent's attorney notified the Board that Respondent's practice was closed.
- 10. On October 16, 2001, Payson Regional Medical Center informed Board staff that as of October 15, 2001, approximately 434 of Respondent's patient charts were incomplete. Respondent saw the patients from January to May 2001.
- patients (patients L.F., J.F., M.T., M.B., M.T., M.C., and B.H.) for whom Respondent was suspected of having written excessive prescriptions. The Medical Consultant concluded that the documentation in the records was inadequate; the documentation did not reflect the prescriptions found in the pharmacy survey, and the records indicated excessive prescribing to patients J.F. and B.H.
- 12. On February 25 and 28, 2002, Respondent informed Board Staff that he prescribed controlled substance medications for his wife, but used the medications for self-medication. Respondent also admitted to diverting controlled substance medications from patients J.F. and B.H.
- 13. Respondent's prescribing controlled substance medications for immediate family members, diverting controlled substance medications prescribed to family members and patients, failure to maintain and complete patient records, and his prescribing of questionable and large amounts of controlled substance medications to patients falls below the acceptable standard of care.

CONCLUSIONS OF LAW

- The Board possesses jurisdiction over the subject matter hereof and over Respondent.
- 2. The conduct and circumstances described above in paragraphs 10, 11, an 13 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(e) ("[f]ailing or refusing to maintain adequate records on a patient.")
- 3. The conduct and circumstances described above in paragraphs 4, 12, and 13 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(h) ("[p]rescribing or dispensing controlled substances to members of the physician's immediate family.").
- 4. The conduct and circumstances described above in paragraphs 4,10, 11, 13 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(q) ("[a]ny conduct or practice that is or might be harmful or dangerous to the health of the patient or the public.").
- 5. The conduct and circumstances described above in paragraphs 12 and 13 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(j) ("[prescribing, dispensing, or administering any controlled substances or prescription-only drug for other than accepted therapeutic purposes.").

ORDER

IT IS HEREBY ORDERED THAT:

1. Respondent's license is suspended for a period of 12 months. However, the suspension is stayed and Respondent is placed on probation for 5 years with the following terms and conditions. Upon any violation of a probationary term, after giving notice and the opportunity to be heard, the Board shall suspend Respondent's license for the period stated above. If an investigation involving an alleged violation of the probation is initiated but not resolved prior to the termination of the probation, the Board shall have continuing

Terms and Conditions of Probation:

1. Quarterly Declarations

Respondent shall submit quarterly declarations under penalty of perjury that there has been compliance with all conditions of probation. The declarations shall be submitted on or before 15th March, June, September and December of each year.

- 2. Respondent shall not prescribe, administer, dispense, or possess Schedule II and III controlled substances. After two years from the effective date of this Order, Respondent may apply to the Board for its affirmative written permission to prescribe, administer, dispense, and possess Schedule II and III controlled substances.
 - 3. Participation in Substance Abuse Treatment and Rehabilitation Program
- (a) Respondent shall, within <u>fourteen</u> days from the date of this Order, enter a Board Staff approved treatment center for chemical dependency and successfully complete the treatment center's program. Respondent is responsible for all expenses relating to the evaluation and/or treatment. Respondent shall sign a consent to release all confidential evaluation and/or treatment records to the Board.
- (b) At the completion of treatment, Respondent shall promptly enroll in and participate in the Board's confidential substance abuse treatment and rehabilitation program (MAP). As part of the participation in MAP, the Respondent shall cooperate with Board Staff and contracting MAP supervisors. Respondent shall remain in MAP for a period of five years from the effective date of the Order. Respondent's participation in MAP may be unilaterally terminated at the discretion of the Board at any time after issuance of this Order, with or without cause for termination.

(c) **DEFINITIONS**:

"Medication" means "prescription-only drug, controlled substance, and over-the

counter preparation, other than plain aspirin and plain acetaminophen."

"<u>Emergency</u>" means "a serious accident or sudden illness that, if not treated immediately, may result in a long-term medical problem or loss of life."

A. Group Therapy

Respondent shall attend the MAP's group therapy sessions one time per week for the duration of this Order, unless excused by the group therapist for good cause such as illness or vacation. Respondent shall instruct the MAP group therapist to release to the Board, upon its request, all records relating to Respondent's treatment, and to submit monthly reports to the Board regarding attendance and progress. The reports must be submitted on or before the 10th day of each month.

B. 12 Step or Self-Help Group Meetings

- (1) Respondent shall attend ninety (90) 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by the Board, for a period of ninety (90) days beginning not later than either (a) the first day following his discharge from chemical dependency treatment or (b) the effective date of this Order.
- (2) Following completion of the ninety (90) meetings in ninety (90) days, Respondent shall participate in a 12-step recovery program or other self-help program appropriate for substance abuse as recommended by the group therapist and approved by the Board. Respondent shall attend a minimum of three (3) 12-step or other self-help program meetings per week.

C. Board-Approved Primary Care Physician

Respondent shall promptly obtain a primary care physician (PCP) and shall submit the name of the PCP to Board Staff in writing for approval. The Board-approved PCP shall be in charge of providing and coordinating Respondent's medical care and treatment. 1 E 2 tr 3 F 6 F 7 tr 8 9 10 M

Except in an *Emergency*, Respondent shall obtain Respondent's medical care and treatment only from the PCP and from health care providers to whom the PCP refers Respondent from time to time. Respondent shall request that the PCP document all referrals in the medical record. Respondent shall promptly inform the Board-approved PCP of Respondent's rehabilitation efforts and provide a copy of this Order to the PCP. Respondent shall also inform all other health care providers who provide medical care or treatment that Respondent is participating in MAP.

D. Medication

- (1) Except in an *Emergency*, Respondent shall take no *Medication* unless the *Medication* is prescribed by the PCP or other health care provider to whom the PCP physician makes referral. Respondent shall not self-prescribe any *Medication*.
- (2) If a controlled substance is prescribed, dispensed, or is administered to Respondent by any person other than the PCP, Respondent shall notify the PCP in writing within 48 hours. The notification shall contain all information required for the medication log entry specified below. Respondent shall request that the notification be made a part of the medical record. This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph 1.

E. Medication Log

- (1) Respondent shall maintain a current legible log of <u>all</u> *Medication* taken by or administered to Respondent, and shall make the log available to the Board and its Staff upon request. For *Medication* (other than controlled substances) taken on an on-going basis, Respondent may comply with this paragraph by logging the first and last administration of the *Medication* and all changes in dosage or frequency. The log, at a minimum, shall include the following:
 - a. Name and dosage of *Medication* taken or administered;

- b. Date taken or administered;
- c. Name of prescribing or administering physician;
- d. Reason *Medication* was prescribed or administered.

This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph F.

F. No Alcohol or Poppy Seeds

Respondent shall not consume alcohol or any food/substance containing poppy seeds or alcohol.

G. Biological Fluid Collection

- and such other times as Board Staff may direct, Respondent shall promptly comply with requests from Board Staff, the group therapist, or the Program director to submit to witnessed biological fluid collection. If Respondent is directed to contact an automated telephone message system to determine when to provide a specimen, Respondent shall do so within the hours specified by Board Staff. For the purposes of this paragraph, in the case of an in-person request, "promptly comply" means "immediately". In the case of a telephonic request, "promptly comply" means that, except for good cause shown, Respondent shall appear and submit to specimen collection not later than two hours after telephonic notice to appear is given. The Board in its sole discretion shall determine good cause.
- (2) Respondent shall provide Board Staff in writing with one telephone number, which shall be used to contact Respondent on a 24 hour per day/seven day per week basis to submit to biological fluid collection. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or

organization conducting tests on the collected samples to provide testing results to the Board and the MAP director.

(3) Respondent shall cooperate with collection site personnel regarding biological fluid collection. Repeated complaints from collection site personnel regarding Respondent's lack of cooperation regarding collection may be grounds for termination from MAP.

H. Payment for Services

Respondent shall pay for all costs, including personnel and contractor costs, associated with participating in MAP at time service is rendered or within 30 days of each invoice sent to him.

I. Examination

Respondent shall submit to mental, physical, and medical competency examinations at such times and under such conditions as directed by the Board to assist the Board in monitoring Respondent's ability to safely engage in the practice of medicine and compliance with the terms of this Order.

J. Treatment

Respondent shall submit to all medical, substance abuse, and mental health care and treatment ordered by the Board, or recommended by the MAP director.

K. Obey All Laws

Respondent shall obey all federal, state and local laws, and all rules governing the practice of medicine in the State of Arizona.

L. Interviews

Respondent shall appear in person before the Board and its Staff and committees for interviews upon request, upon reasonable notice.

M. Address and Phone Changes, Notice

Respondent shall immediately notify the Board in writing of any change in office or home addresses and telephone numbers. Respondent shall provide Board Staff at least three business days advance written notice of any plans to be away from office or home for more than five (5) consecutive days. The notice shall state the reason for the intended absence from home or office, and shall provide a telephone number to contact Respondent.

N. Relapse, Violation

In the event of chemical dependency relapse by Respondent or use of drugs or alcohol by Respondent in violation of this Order, Respondent shall promptly enter into an Interim Consent Agreement that requires, among other things, that Respondent not practice medicine until such time as Respondent successfully completes an inpatient or residential treatment program for chemical dependency designated by Board or Staff and obtains the affirmative approval of the Board to return to the practice of medicine. Prior to approving Respondent's request to return to the practice of medicine, Respondent may be required to submit witnessed biological fluid collection, undergo any combination of physical examination, psychiatric or psychological evaluation and/or to successfully pass the special purpose licensing examination or the Board may conduct interviews for the purpose of assisting it in determining the ability of Respondent to safely return to the practice of medicine. In no respect shall the terms of this paragraph restrict the Board's authority to initiate and take disciplinary action for violation of this Order.

O. Notice Requirements

(1) Respondent shall immediately provide a copy of this Order to all employers and hospitals and free standing surgery centers at which Respondent currently has privileges. Within 30 days of the date of the Order, Respondent shall provide the Board

with a signed statement that Respondent has complied with this notification requirement. Upon any change in employer or upon the granting of privileges at additional hospitals or free standing surgery centers, Respondent shall provide the employer, hospital or free standing surgery center with a copy of this Order. Within 30 days of a change in employer or upon the granting of privileges at additional hospitals or free standing surgery centers, Respondent shall provide the Board with a signed statement that Respondent has complied with this notification requirement.

- (2) Respondent is further required to notify, in writing, all employers, hospitals and free standing surgery centers at which Respondent currently has, or in the future gains employment or privileges, of a chemical dependency relapse, use of drugs or alcohol in violation of this Order and/or entry into a treatment program. Respondent shall provide the Board with written confirmation that he has complied with this notification requirement within seven days of any of these events.
- (3) Respondent shall immediately submit to the Board, under penalty of perjury, on a form provided by the Board, the name(s) and address(es) of all employers and all hospitals and free-standing surgery centers at which Respondent currently holds privileges to practice. Respondent is further required to, under penalty of perjury, on a form provided by the Board, immediately notify the Board of any changes in his employment and of any hospitals and freestanding surgery centers at which Respondent gains privileges after the effective date of this Order.

P. Public Record

This order is a public record.

Q. Out-of State

In the event Respondent resides or practices medicine in a state other than

Arizona, Respondent shall participate in the physician rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the other state's program to provide written reports to the Board regarding his attendance, participation, and monitoring. The reports are due on or before the 15th day of March and September of each year, until the Board terminates this requirement in writing.

R. Obtain Treating Psychiatrist/Therapist

Respondent shall immediately obtain a treating psychiatrist approved by Board Staff and shall remain in treatment with the psychiatrist until further order of the Board. Respondent shall instruct the psychiatrist to release to the Board, upon its request, all records relating to treatment of Respondent, and to submit quarterly written reports to the Board regarding diagnosis, prognosis, and recommendations for continuing care and treatment of Respondent. The reports must be submitted on or before the 15th day of March, June, September and December of each year.

4. This Order is final disposition of case number MD-01-0655.

DATED and effective this 10th day of July , 2002.

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BOARD OF MEDICAL EXAMINERS OF THE STATE OF ARIZONA

BARRY CASSIDY, Ph.D., P.A.-C

Executive Director

ORIGINAL of the foregoing filed this day of ______, 2002 with:

The Arizona Board of Medical Examiners 9545 E. Doubletree Ranch Road Scottsdale, AZ 85258

1	EXECUTED COPY of the foregoing mailed by Certified
2	Mail this to day of, 2002 to:
3	Stephen W. Myers, Esq. 3003 North Central Avenue, Ste. 1900 Phoenix, AZ 85012
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5	EXECUTED COPY of the foregoing mailed this \(\frac{\sigma}{\sigma} \) day of \(\frac{\sigma \sigma}{\sigma} \), 2002, to:
6	Bradley W. Gilman, M.D.
7	P.O. Box 191001 Boise, ID 83719-1001
8	Doise, 1D 637 19-1001
9	hand-delivered to each of the following this day of, 2002, to :
10	
11	Christine Cassetta, Assistant Attorney General
12	Management Analyst Compliance Officer
13	Investigations (Investigation File)
14	Arizona Board of Medical Examiners 9545 E. Doubletree Ranch Road
15	Scottsdale, AZ 85258
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